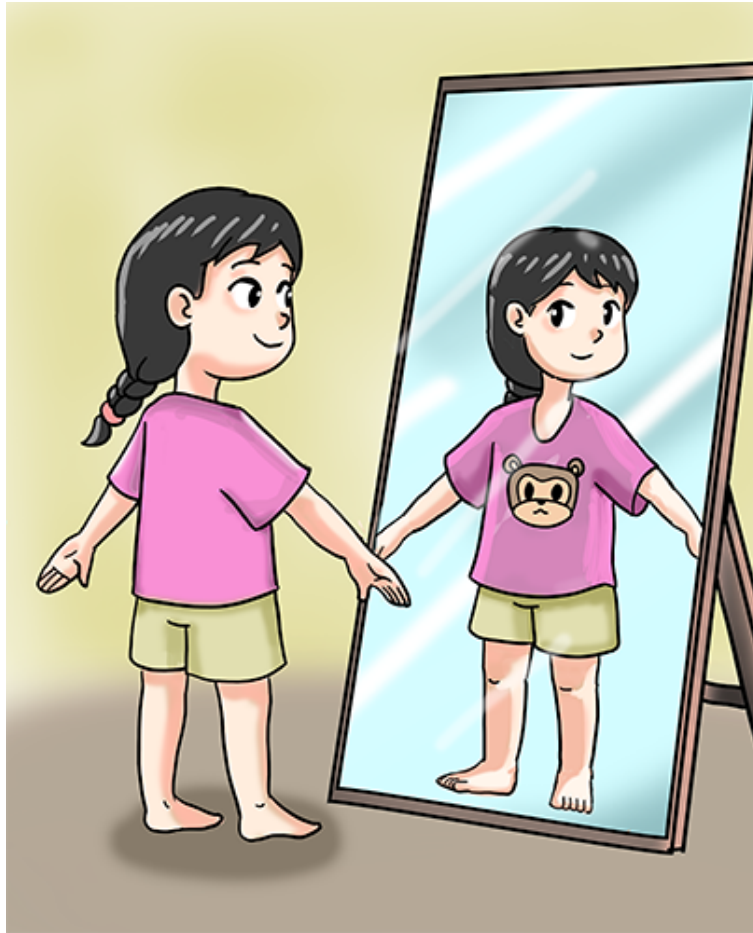


My Body

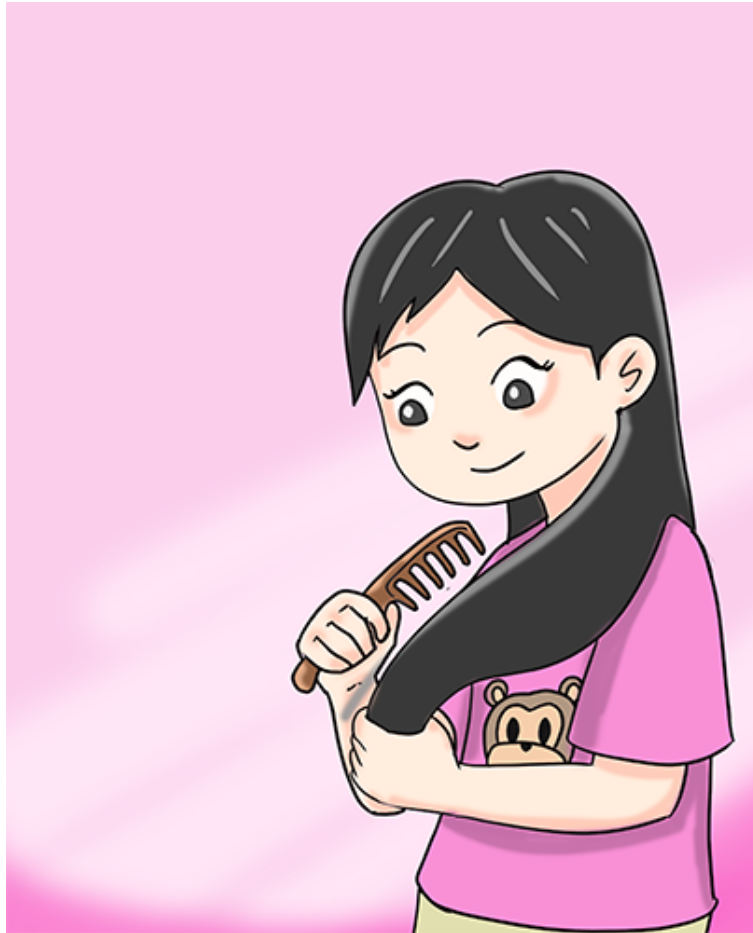
ສຸກພະຈັນ ໄຊເສນາ
ຄໍາປະສອນ ສີຫາປັນຍາ

Let's  Read

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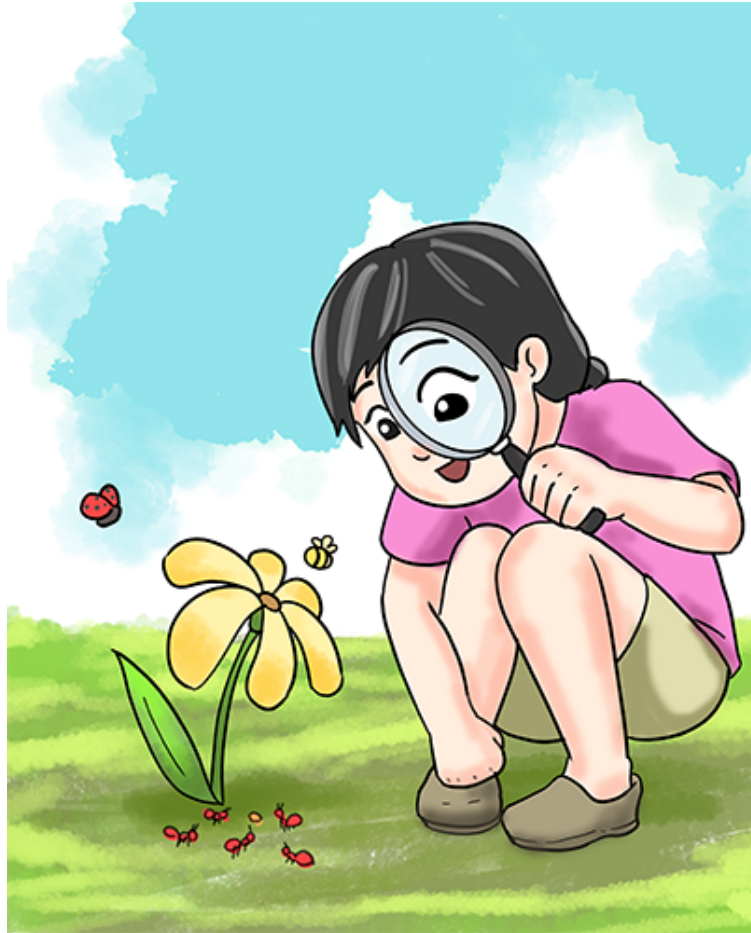


This is my body.



This is my hair.

My hair protects my scalp.

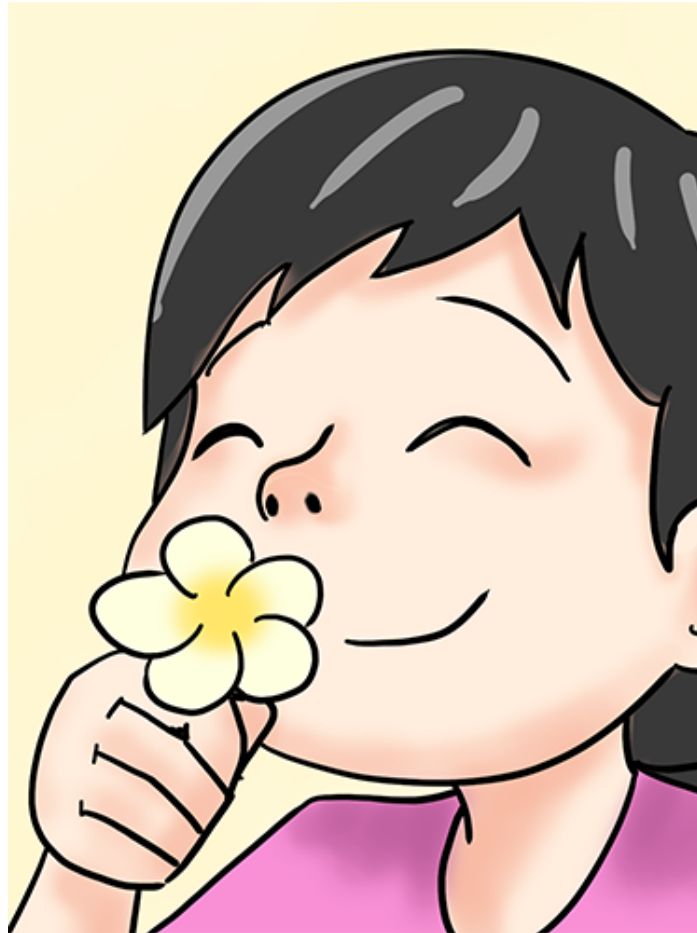


These are my eyes.
I use my eyes to look.



This is my ear.

I use my ears to listen to different sounds.



This is my nose.

I use my nose to smell and breathe.



This is my mouth.

I use my mouth to drink, talk, and eat.



These are my teeth.

I use my teeth to chew food.



This is my tongue.

I use my tongue to taste food.



These are my hands.

I use my hands to touch and write.



These are my feet.

I use my feet to walk, stand, and run.



Pum Anh Lao is a nonprofit, social enterprise that publishes children's books and promotes reading for disadvantaged groups. Pum Anh conducts writers' workshops with children and adults to develop stories – including for children with disabilities and for ethnic minorities. Pum Anh has developed, designed and illustrated a wide range of teaching and reading materials for UN agencies and NGOs, working closely with the Ministry of Education

and Sports and the Ministry of Information,
Culture and Tourism.

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Original Story

ຮ່າງກາຍຂອງຂ້ອຍ (*My Body*), Author: ສຸກພະຈັນ ໄຊເສນາ. Illustrator: ຄໍາປະສອນ ສີຫາປັນຍາ. Published by The Asia Foundation - Let's Read, © The Asia Foundation - Let's Read. Released under CC-BY-4.0.

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